

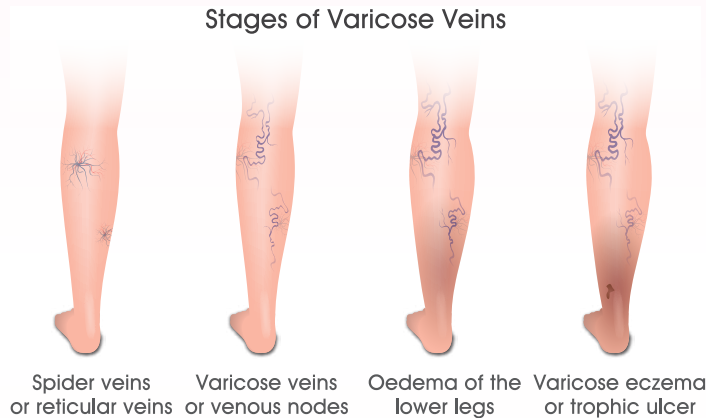
Red Vine Leaf for Venous Insufficiency

Red vine leaf has been historically used in Europe to treat various conditions including skin and eye irritation, bleeding, diarrhea, varicose veins and haemorrhoids. It contains flavonoids and high levels of procyanidins, which both are powerful antioxidants and free radical scavengers.

Two of the most common types of venous insufficiency are varicose veins and haemorrhoids. Chronic Venous Insufficiency (CVI) occurs when the valves do not work as usual and some of the blood may go back down into legs. This will subsequently cause blood to pool in veins and impair blood circulation. It is often associated with deep vein thrombosis (DVT) and varicose veins.

Varicose Veins

Varicose veins are visible enlarged veins that are usually purple or blue in colour which may appear to be swollen and bulging on skin. Varicose veins are most commonly affected those veins which are located on the backs of the calves or on the inner leg.



Haemorrhoids

Haemorrhoids are enlarged blood vessels which swollen and found inside or around the rectum and anus. Haemorrhoids do not always cause symptoms and some people do not even realise about it. It is not always painful unless the blood supply slows down or is interrupted.

Grading of Haemorrhoids

1st Degree	Small swellings on the inside lining of the anus, are not visible from outside the anus
2nd Degree	Larger swellings, may come out from anus when defecation and disappear inside again after defecation
3rd Degree	One or more small soft lumps hang down from anus, can be pushed back inside. It is prolapsing and reducible
4th Degree	Larger lumps that hang down from anus, cannot be pushed back inside. It is irreducible

Visit your Caring Pharmacy and talk to the pharmacist. Receive a **FREE BOOKLET** on how to manage your varicose veins and improve your leg health.



Benefits of Red Vine Leaf

- ✔ Relieve the symptoms associated with CVI such as pain, itching, tension and cramp in the lower legs.
- ✔ Improve blood flow and reduce swelling of lower legs and promote healthy blood circulation in leg and relieve aching, tired and heavy legs.
- ✔ Manage symptoms of varicose veins and strengthen and protect the vein walls.
- ✔ Relieve symptoms associated with haemorrhoids such as itching and burning.

Red Vine
—EFLA 945

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